



*Sharon Towers*

**The Presbyterian Home at Charlotte**  
5100 Sharon Road • Charlotte, NC 28210

## **Recreational Therapy Internship Guidelines**

The Recreational Therapy internship consists of a minimum of 560 hours over a 14 week period supervised by a LRT/CTRS internship supervisor. We are unable to accept an intern who will graduate prior the completion of the internship.

Internships are available year round to students nationwide. The start and completion dates within the semester may vary. The deadline for applications are as follows:

<b>Semester</b>	<b>Application Deadline</b>	<b>Notification by</b>
Fall	June 1 <sup>st</sup>	June 15 <sup>th</sup>
Spring	October 1 <sup>st</sup>	October 15 <sup>th</sup>
Summer	March 1 <sup>st</sup>	March 15 <sup>th</sup>

**Please submit all application materials together prior to the application deadline. Applications will only be considered upon receipt of the following:**

- Completed Application.
- Cover letter and current resume.
- 2 letters of reference from a University professor or advisor, supervisor from a previous practicum site or a professional in the field of recreational therapy.

Once application materials have been received, prospective interns selected for consideration will be contacted for an interview with the Recreational Therapy Internship Site Supervisor.

Sharon Towers is unable to provide any type of financial compensation for student interns. Sharon Towers will provide a free lunch each working day from the Sharon Towers Bistro.



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### **Education / Experience of the Recreational Therapy Intern:**

- Enrolled in a 4-year degree program, or higher, in the field of Therapeutic Recreation or Recreational Therapy from an accredited college or university with the status of a Junior or Senior.
- Equivalent of six months experience in recreational program planning and leading AND/OR six months experience in working with persons with disabilities (3 months of which should involve recreational programming duties).
- Solid academic standing with strong references from university internship supervisor.
- 60 - 120 semester hours experience working with the older adult population through a recreational therapy program AND/OR at a facility that serves the older adult population preferred.

### **Requirements of the Recreational Therapy Intern:**

- All interns are required to have an overall minimum GPA of 3.0.
- General knowledge of diagnoses specific to the acute care of the older adult population i.e. Types of Dementia, CHF, COPD, Parkinson's. College level volunteer experience with the older adult population is strongly preferred.
- Before beginning the internship, a contract will be signed by the student intern and the site supervisor.
- A satisfactory result of a drug screening test, TB test and criminal records verification is required.



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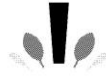
- The intern will provide his or her own liability insurance coverage through their university before start of internship
- Participate in a one week orientation consisting of new employee orientation, a tour of the facility, introduction to staff, observation of staff and required readings.
- Present a written statement of internship expectations by end of the first week.
- Perform specific daily and weekly duties set forth in the internship program.
- The intern will provide his or her own liability insurance coverage through their university before start of internship.
- Participate in a one week orientation consisting of new employee orientation, a tour of the facility, introduction to staff, observation of staff and required readings.
- Present a written statement of internship expectations by end of the first week.
- Perform specific daily and weekly duties set forth in the internship program.
- Complete required readings and be prepared to orally present one report related to required readings at department staff meetings.
- Manage assigned resident case load, complete resident assessments, develop treatment goals / care plans, and document resident progress in notes. Complete physician ordered Recreational Therapy treatments from initial consultation to discharge.
- Submit one new program protocol (relevant to long term care or acute care senior adult)



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- Active participation in community outings. Plan and develop one community outing for implementation.
- Gain exposure to community re-integration program for short term Medicare residents.
- Active participation in care plan when case load pertains and various committee meetings.
- Keep a daily log of hours worked; it is the student's responsibility to monitor and manage hours worked and to contact site supervisor whenever the need to request change in weekly hours is necessary.
- If required from University, keep a weekly log of experience during internship and submit to site supervisor as scheduled.
- Weeks 1- 7 student will participate in a weekly meeting with their Recreation Therapy site supervisor. During weeks 8 – 14 (or the last week of internship cycle) the student will participate in a every other weekly meeting with Recreation Therapy Supervisor. There also will be available time daily at the end of the working day to meet with the Site Supervisor for a question/answer session when requested by the student.
- Complete and submit a special project or case study at the end of the internship cycle. If University requirements are specific to a case study or special project, student will follow established University guidelines to meet this requirement.
- Before the end of the internship, arrange and secure, at minimum, 2 site visits at facilities in the Charlotte area with Recreational Therapy programs to broaden exposure to population settings served by Recreational Therapists.



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- Oral presentation to department upon completion of special project or case study.
- Mid-term Evaluation.
- Final Evaluation.
- Complete Internship Site Evaluation.
- Comply with all university requirements.